Tague I

*** H Pattern Form. All forward Stance***

All Blocks prepare during the stance change, all strikes are delivered once the stance has been rooted

Chumbi

- 1. Left 90 degrees with left lower sweeping block.
- 2. Step right foot forward with right front punch to solar plexus.
- 3. Step back and across with right leg, pivot 180 degrees to right forward stance, right lower sweeping block.
- 4. Step forward with into left forward stance with left front punch to solar plexus.
- 5. Pivot left 90 degrees into left forward stance with left lower sweeping block.
- 6. Step into right forward stance with right front punch to solar plexus.
- 7. Step into left forward stance with left front punch to solar plexus.
- 8. Step into right forward stance with right front punch to solar plexus. KIA
- 9. Left foot steps back and across reverse pivoting 270 degrees with left lower sweeping block.
- 10. Step into right forward stance with right front punch to solar plexus.
- 11. Right foot reverse pivot 180 degrees into right forward stance with right lower sweeping block.
- 12. Step into left forward stance with left front punch to solar plexus.
- 13. Pivot left 90 degrees into left forward stance with left lower sweeping block.
- 14. Step into right forward stance with right front punch to solar plexus.
- 15. Step into left forward stance with left front punch to solar plexus.
- 16. Step into right forward stance with right front punch to solar plexus. KIA
- 17. Left foot steps back and across reverse pivoting 270 degrees with left lower sweeping block.
- 18. Step into right forward stance with right front punch to solar plexus.
- 19. Right foot reverse pivot 180 degrees into right forward stance with right lower sweeping block.
- 20. Step into left forward stance with left front punch to solar plexus.
- 21. Left foot reverse pivots 90 degrees into bow.